## Saturday 5<sup>th</sup> January, "A New Year's Revolution" with Steve Hagger

A large enthusiastic group of 29 walkers assembled at Knowle Village Hall for the first walk of the year. It was a frosty cold start to the day but all were well prepared with gloves, hats and lots of layers. We headed off towards the commons chatting about our Christmas and New Year experiences. Although it remained a fairly dull cold day it was good to be outside in the fresh air as we strolled across the heathland and through the woods.



We stopped at Bystock Ponds for our coffee, an interesting habitat later in spring and summer when dragonflies, butterflies and various birds abound.



After our coffee break we headed back to Knowle having completed around 6 miles.



This walk probably kick started many of our New Year resolutions to do more walking or keep fit this year.

Thank you Steve for an enjoyable stroll around the Commons.

Stella French